



Discovery Theater has presented live educational performances at the Smithsonian to young people throughout the Washington, D.C., area and beyond since 1979. With programs that enrich the Smithsonian experience for nearly 50,000 children annually, Discovery Theater is a gateway to the exhibits, collections, and themes contained in the museums and galleries on the National Mall and in our community.

There's so much to do and explore at the Smithsonian—and Discovery Theater is the ideal place to begin!

## OUR STAFF

Artistic Director.....Roberta Gasbarre  
 Administrative Coordinator & Group Sales.....Sara Lokossou  
 Production Manager.....Sam Game  
 Technicians.....Louis Davis & Ashley Thweatt  
 House Manager.....Brooke Friday  
 Spring Intern.....Cameron Betchey

Discovery Theater programs are made possible, in part, by gifts from:

D.C. Commission on the Arts & Humanities  
 DC Public Schools  
 The Nora Roberts Foundation  
 Philip L. Graham Fund  
 PNC Foundation  
 Smithsonian Women's Committee  
 Smithsonian Youth Access Grants Program  
 Sommer Endowment

# TOT ROCK: THE NOT-ITS!



March 14 and 15, 2019

Ages 2 to 6

PreK to Grade 1



Smithsonian Associates

SMITHSONIAN  
YEAR OF MUSIC

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## ABOUT THE BAND



For 10 years now, **The Not-Its!** have rocked kids and families with their up-tempo albums and live concerts that give children their first "rock show" experience. With the release of their seventh studio album, *Ready Or Not!*, this Seattle "Kindie Rock" quintet will have children and their parents on their feet screaming for more, the moment they hit the dance floor!

They are **Sarah Shannon** (former singer Sub Pop band Velocity Girl), **Danny Adamson** (rhythm guitar), **Tom Baisden** (lead guitar), **Jennie Helman** (bass player) and **Michael Welke** (former drummer of Harvey Danger). As parents, they add 10 children to the crowd, ranging in ages 7-15. Since 2008 they have been poised to keep their families and yours dancing along at their live shows as well as to their recorded albums, and with their much anticipated seventh album, *Ready Or Not!*, it is clear they have no intention of slowing down!

**NEW ALBUM AVAILABLE NOW!**  
"Ready or Not" (2018)

For more information visit:  
[www.wearethenot-its.com](http://www.wearethenot-its.com)



## AN INTRODUCTION TO MUSIC

Introducing children to music at a young age can provide them with an incredibly valuable tool for developing gross motor skills, language skills, and emotional regulation. Music and serve as a powerful transmitter of messages and students won't even realize they are walking away with positive life lessons or course objectives because they will be too busy singing and dancing along. For some great ways to use music in your classrooms, please visit:

[www.weareteachers.com/creative-music-in-the-classroom-k-6/](http://www.weareteachers.com/creative-music-in-the-classroom-k-6/)



## TRY YOUR OWN RHYTHM!

*Use body percussion to explore the basics of music*

### Materials:

Paper, colored markers

### Directions:

1. Come up with different symbols to represent different sounds kids can make with their bodies.
2. For example: star = clap or square = stomp
3. Write out a combination of symbols, then try out the corresponding rhythm.



### For more information visit:

[www.letsplaykidsmusic.com/body-percussion-rhythm-activities/](http://www.letsplaykidsmusic.com/body-percussion-rhythm-activities/)

## RELATED RESOURCES

### Smithsonian Year of Music:

<https://music.si.edu/smithsonian-year-music>

### Find ideas about music education here:

[www.nafme.org/my-music-class](http://www.nafme.org/my-music-class) and [www.mtna.org](http://www.mtna.org)

### Check out the benefits of incorporating music into the classroom here:

[www.pbs.org/parents/education/music-arts/the-benefits-of-music-education/](http://www.pbs.org/parents/education/music-arts/the-benefits-of-music-education/)

*We encourage you share your experience with us today through a photo or post on social media during or after the program. If you'll be using your phone, do it with consideration for those around you and on stage, and remember that recording the full program is not permitted.*



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#DiscoveryTheater



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